Medi-Tate Ltd. is now part of the Olympus Group

iTind Training Program

For Physicians

Thank You for Your Interest in iTind

The following is an outline of our training program. It is designed to maximize your success in incorporating the iTind procedure into your hospital/practice and offer your patients a safe minimally invasive solution for rapid and effective relief of their BPH symptoms.

iTind Training Process at a Glance

Step 1 — Educational Course

Option 1: **Individual E-Learning** or Option 2: **(Virtual) Medical Expert Training**

Step 2 — Training Session 1 – Three Supported Procedures

2a — Recruitment of the first three patients

2b — 1st implantation day
- One-hour refresher of the procedure steps, including a hands-on demo and troubleshooting.
- Three iTind implantation clinical procedures supported by certified trainer.

2c — 1st removal day
- 20 minutes of tabletop training and removal procedure review.
- Three iTind removal clinical procedures supported by certified trainer.

Within six weeks of Step 1

Step 3 — Training Session 2 — Three Supported Procedures

3a — Recruitment of three further patients

3b — 2nd implantation day
- Three iTind implantation clinical procedures supported by certified trainer.

3c — 2nd removal day (support is optional)
- Three iTind removal clinical procedures (optionally) supported by certified trainer.

Within three months of Step 1

Completion of training program

Step 4 — Post-Completion Follow-Up Discussions

Within three months of completion

* Steps 2 and 3 can be also be performed under remote support via MS Teams if the obligatory contract between the physician and Olympus/Medi-Tate has been signed beforehand.
** In total, six clinical cases are required for the completion of the training program. At least three clinical cases should be scheduled for each training session.

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Step 1: Educational Course

The training program will begin with an educational course including an overview of the IFU, mechanism of action, overview of clinical studies and data, indications and contraindications, procedure steps, necessary equipment, and recommendations for managing patient symptoms and patient expectations. After having completed the educational course, you will receive a certificate enabling you to start recruiting your first patients.

There are two options available for completing the educational course:

Option 1: Individual E-learning: A user ID and password will be sent to you along with a link to access an online platform, where you will be able to complete the five course modules. Estimated time for completion is around 30-45 minutes.

Option 2: (Virtual) Medical Expert Training (MET): You will receive an invitation to attend an interactive course hosted by an experienced iTind user. (Virtual) METs are held periodically. Please ask your Olympus representative when the next meeting will be held.

Step 2: Training Session 1 — Three Supported Procedures (Recommended timeline: within six weeks of completion of Step 1)

For the first training session, three procedures should be scheduled in order to be most effective.

2a: Recruitment of the First Three Patients

We strongly recommend carrying out a flexible cystoscopy as part of the screening process in order to rule out obstructive median lobe, urethral stricture or the presence of large bladder stones. This will also help better understand whether patients would be appropriate candidates for a procedure without sedation, if that is the goal.

We also strongly recommend recording IPSS scores for all patients in order to have a baseline for follow-up visits and assessment of clinical results.

Patient Selection for Training	
Included	**Excluded**
Any age	Obstructive median lobe
Prostate volume ≤60 ml	Excessive bladder diverticula
High bladder neck/PBNO	A history of acute urinary retention
Good detrusor function	Inability to stop anticoagulation therapy
	Previous prostate surgery
	Previous radiation in pelvic area
	Cognitive or other health impairment that may interfere with successful completion of procedure

2b: 1st Implantation Day

A certified representative will join you and support you through your first three cases, either in person or virtually.

A final review of the procedure steps, troubleshooting tips and tricks, and an overview of how to manage patient symptoms and expectations will be scheduled for one hour either directly before the procedure or at the most 1-2 days prior.

Necessary Equipment	
iTind device	Anesthetic gel
Rigid cystoscope 19F-22F	Scissors/scalpel
30° optics	Surgical tape
IV Propofol	

Note: All patients should be sedated during the procedure. We recommend giving prophylactic antibiotics as per hospital protocol.

2c: 1st Removal Day

A certified representative will join you and support you through your first three cases, either in person or virtually. After that, you will have completed your training for device removal.

Please schedule 20 minutes before the procedures for a tabletop training refresher, observation of training videos and overview of patient symptoms and expectation management.

Necessary Equipment	
Standard Procedure	**Troubleshooting**
22F open-ended silicon foley catheter (not included in the iTind package)	Ethicon suture
iTind retrieval snare	19F-22F rigid cystoscope
IV Propofol	Robust grasper
Anesthetic gel	

Note: All patients should be sedated during the procedure.

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Step 3: Training Session 2 — Three Supported Procedures
(Recommended timeline: within three months of completion of Step 1)

Upon completion of at least three further supported procedures, you will have completed the training and will receive a certificate enabling you to carry out iTind procedures individually.

3a: Recruitment of Three Further Patients

Please consider the same patient selection profile as for Step 2a.

3b: 2nd Implantation Day

Procedures may optionally be performed without sedation under local anesthetic; this decision is at the physician's discretion.

3c: 2nd Removal Day

Procedures may optionally be performed without sedation under local anesthetic; this decision is at the physician's discretion. Support from a certified trainer during these removal procedures is optional.

Step 4: Post-Completion Follow-Up Discussions

Two follow-up visits will be scheduled with you: one at four weeks post-removal, and another at three months.

During these visits, the following will be reviewed and discussed:

- Level of comfort with the procedure.
- Patient experience and review of patient management protocol.
- Reimbursement status.

You will then be added to our list of trained iTind users in your country.

Upon completing the training program, you will be ready to confidently incorporate the iTind procedure into your scope of patient services offered. Your success is important to us. If you have any questions, concerns or special requests regarding the training program, please feel free to reach out to us through your contact at Olympus, and we will do our best to accommodate you.

Good luck!

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