

All You Need to Know

Gynecological Expert Training for Upcoming Professionals

April 19 - 22, 2023 | Centro Congressi Europa
Università Cattolica del Sacro Cuore
Rome, Italy

2023

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Welcome Message

Welcome to GET UP 2023

Dear upcoming professional, dear friend,

It is our great pleasure to welcome you in Rome to the fourth GET UP course. The main objective of this four-day course is to transfer as much knowledge and skills from an outstanding faculty in the field of gynecological endoscopy and hysteroscopy to you as possible.

The faculty has made a well-balanced programme, mixing lectures, keynotes, tutorials with small-scale interactive sessions with experts, and hands-on training of increasing complexity.

Faculty and organisers are giving their best to make the GET UP course an unforgettable experience for you and we wish you happy learning.



Prof. Dr. Hans Brölmann | Course Director
VU University Medical Centre, Amsterdam



Prof. Dr. Giovanni Scambia | Course Director
Fondazione Policlinico Universitario A. Gemelli
Università Cattolica del Sacro Cuore, Rome

Agenda Day 1

Wednesday, April 19, 2023

Time	Who	Topic	Room
08:00	All	Meet in Hotel Lobby - Walk to the Congress Center / Transport to Congress Center	
08:30 - 09:40	All	Welcome & Introduction to the program + Introduction to Hands-on-Training + Introduction to GESEA program Hans Brölmann, Giovanni Scambia, Cristiano Rossitto, Ursula Catena	Plenary Room Sala Italia
09:40–10:00	All	Plenary Program (Keynote Lecture): New developments in robot surgery in gynaecology Sven Becker	Plenary Room Sala Italia
10:00–10:20	All	Break - Transition to SIC rooms / HOT room	
10:20–11:20	Groups split into subgroups: Hands-on Training (HOT) in Sala Inghilterra Short Interactive Communication (SIC) in Aula 103–106		
	Group A	A1: SIC Laparoscopy van der Steeg, Putz, Hackethal	Aula 103
		A2: HOT Laparoscopy Vlahos, Perrone, Elmeligy	Sala Inghilterra
	Group B	B1: SIC Hysteroscopy Farrugia, Catena, Bongers	Aula 104
		B2: HOT Hysteroscopy Thurkow, Veersema, Snejbjerg, Clevin	Sala Inghilterra
	Group C	C1: SIC Complications Campagna, El Balat, Brölmann, Angeles	Aula 105
		C2: HOT Complications Mabrouk, Becker, Chandakas	Sala Inghilterra
	Group D	D1: SIC Disorder related endoscopy Barbany, Huirne, Guëli Alletti	Aula 106
		D2: HOT Disorder related endoscopy de Leeuw, Restaino, Gorostidi, Cianci	Sala Inghilterra
11:20–11:30	All	Changing the rooms	
11:30–12:30	Group A	A1: HOT Laparoscopy van der Steeg, Putz, Hackethal	Sala Inghilterra
		A2: SIC Laparoscopy Vlahos, Perrone, Elmeligy	Aula 103
	Group B	B1: HOT Hysteroscopy Farrugia, Catena, Clevin, Bongers	Sala Inghilterra
		B2: SIC Hysteroscopy Thurkow, Veersema, Snejbjerg	Aula 104
	Group C	C1: HOT Complications Campagna, El Balat, Cianci, Angeles	Sala Inghilterra
		C2: SIC Complications Mabrouk, Becker, Chandakas	Aula 105
	Group D	D1: HOT Disorder related endoscopy Barbany, Huirne, Guëli Alletti	Sala Inghilterra
		D2: SIC Disorder related endoscopy de Leeuw, Restaino, Gorostidi	Aula 106

Time	Who	Topic	Room
12:30–13:15	All	Lunch	Sala Delle Colonne
13:15–13:35	All	Plenary Program (Keynote Lecture): Laparoscopic surgery in deep infiltrating Endometriosis Mohamed Mabrouk	Plenary Room Sala Italia
13:35–14:00	All	Group Photo & Changing the rooms	
Groups split into subgroups: Hands-on Training (HOT) in Sala Inghilterra Short Interactive Communication (SIC) in Aula 103–106			
14:00–15:00	Group A	A1: SIC Laparoscopy van der Steeg, Putz, Hackethal	Aula 103
		A2: HOT Laparoscopy Vlahos, Perrone, Elmeligy	Sala Inghilterra
	Group B	C1: SIC Complications Campagna, El Balat, Brölmann, Angeles	Aula 104
		B2: HOT Hysteroscopy Thurkow, Veersema, Snejbjerg, Clevin	Sala Inghilterra
	Group C	C1: SIC Complications Campagna, El Balat, Brölmann, Angeles	Aula 105
		C2: HOT Complications Mabrouk, Becker, Chandakas	Sala Inghilterra
	Group D	D1: SIC Disorder related endoscopy Barbany, Huirne, Guëli Alletti	Aula 106
		D2: HOT Disorder related endoscopy de Leeuw, Restaino, Gorostidi, Cianci	Sala Inghilterra
15:00–15:10	All	Changing the rooms	
15:10–16:10	Group A	A1: HOT Laparoscopy van der Steeg, Putz, Hackethal	Aula 103
		A2: SIC Laparoscopy Elmeligy, Vlahos, Perrone	Sala Inghilterra
	Group B	B1: HOT Hysteroscopy Farrugia, Catena, Bongers, Clevin	Aula 104
		B2: SIC Hysteroscopy Thurkow, Veersema, Snejbjerg	Sala Inghilterra
	Group C	C1: HOT Complications Campagna, El Balat, Cianci, Angeles	Aula 105
		C2: SIC Complications Chandakas / Mabrouk, Becker	Sala Inghilterra
	Group D	D1: HOT Disorder related endoscopy Barri, Huirne, Gueli Alletti	Aula 106
		D2: SIC Disorder related endoscopy Gorostidi, Restaino, de Leeuw	Sala Inghilterra

Agenda Day 2

Thursday, April 20, 2023

Time	Who	Topic	Room
08:30	All	Meet in Hotel Lobby - Walk to the Congress Center / Transport to Congress Center	
09:00–10:00	Groups split into subgroups: Hands-on Training (HOT) in Sala Inghilterra Short Interactive Communication (SIC) in Aule 103–106		
	Group A	A1: SIC Hysteroscopy Farrugia, Catena, Bongers	Aula 103
		A2: HOT Hysteroscopy Thurkow, Veersema, Snejbjerg, Clevin	Sala Inghilterra
	Group B	B1: SIC Complications Campagna, ElBalat, Brölmann, Angeles	Aula 104
		B2: HOT Complications Mabrouk, Becker, Chandakas	Sala Inghilterra
	Group C	C1: SIC Disorder related endoscopy Barbany, Huirne, Guèli Alletti	Aula 105
		C2: HOT Disorder related endoscopy de Leeuw, Restaino, Gorostidi, Cianci	Sala Inghilterra
	Group D	D1: SIC Laparoscopy Van der Steeg, Putz, Hackethal	Aula 106
		D2: HOT Laparoscopy Vlahos, Perrone, Elmeligy	Sala Inghilterra
10:00–10:30	All	Coffee Break and Changing the rooms	
10:30–11:30	Group A	A1: HOT Hysteroscopy Farrugia, Catena, Clevin, Bongers	Aula 103
		A2: SIC Hysteroscopy Thurkow, Veersema, Snejbjerg	Sala Inghilterra
	Group B	B1: HOT Complications Campagna, El Balat, Cianci, Angeles	Aula 104
		B2: SIC Complications Mabrouk, Becker, Chandakas	Sala Inghilterra
	Group C	C1: HOT Disorder related endoscopy Barbany, Huirne, Guèli Alletti	Aula 105
		C2: SIC Disorder related endoscopy de Leeuw, Restaino, Gorostidi	Sala Inghilterra
	Group D	D1: HOT Laparoscopy van der Steeg, Putz, Hackethal	Aula 106
		D2: SIC Laparoscopy Vlahos, Perrone, Elmeligy	Sala Inghilterra
11:30–11:40	All	Moving to Sala Italia	
11:40–12:00	All	Plenary Program (Keynote Lecture): Laparoscopy in the adnexal mass, focus on prevention of spill Andreas Hackethal	

Time	Who	Topic	Room
12:00–13:00	All	Lunch	Sala Delle Colonne
13:00–13:20	All	Plenary Program (Keynote Lecture): Update in electrosurgery in laparoscopy Andreas Thurkow	
13:20–13:30	All	Moving to HOT/SIC Rooms	
13:30–14:30	Groups split into subgroups: Hands-on Training (HOT) in Sala Inghilterra Short Interactive Communication (SIC) in Aula 103–106		
	Group A	A1: SIC Hysteroscopy Farrugia, Catena, Bongers	Aula 103
		A2: HOT Hysteroscopy Thurkow, Veersema, Snejbjerg, Clevin	Sala Inghilterra
	Group B	B1: SIC Complications Campagna, El Balat, Brölmann, Angeles	Aula 104
		B2: HOT Complications Becker, Chandakas	Sala Inghilterra
	Group C	C1: SIC Disorder related endoscopy Barbany, Huirne, Guëlli Alletti	Aula 105
		C2: HOT Disorder related endoscopy de Leeuw, Restaino, Gorostidi, Cianci	Sala Inghilterra
	Group D	D1: SIC Laparoscopy van der Steeg, Putz, Hackethal	Aula 106
		D2: HOT Laparoscopy Vlahos, Perrone, Elmeligy	Sala Inghilterra
14:30–14:40	All	Changing the rooms	
14:40–15:40	Group A	A1: HOT Hysteroscopy Farrugia, Catena, Clevin, Bongers	Sala Inghilterra
		A2: SIC Hysteroscopy Thurkow, Veersema, Snejbjerg	Aula 103
	Group B	B1: HOT Complications Campagna, El Balat, Cianci, Angeles	Sala Inghilterra
		B2: SIC Complications Becker, Chandakas	Aula 104
	Group C	C1: HOT Disorder related endoscopy Barbany, Huirne, Guëlli Alletti	Sala Inghilterra
		C2: SIC Disorder related endoscopy de Leeuw, Restaino, Gorostidi	Aula 105
	Group D	D1: HOT Laparoscopy van der Steeg, Putz, Hackethal	Sala Inghilterra
		D2: SIC Laparoscopy Vlahos, Perrone, Elmeligy	Aula 106
19:20	All	Meet in hotel lobby Transfer to dinner location	

Agenda Day 3

Friday, April 21, 2023

Time	Who	Topic	Room
08:30	All	Meet in Hotel Lobby - Walk to the Congress Center / Transport to Congress Center	
Groups split into subgroups: Hands-on Training (HOT) in Sala Inghilterra Short Interactive Communication (SIC) in Aule 103–106			
09:00–10:00	Group A	A1: SIC Complications Cicero, El Balat, Brölmann, Angeles	Aula 103
		A2: HOT Complications Campolo, Becker, Chandakas	Sala Inghilterra
	Group B	B1: SIC Disorder related endoscopy Barri, Huirne, Guëli Alletti	Aula 104
		B2: HOT Disorder related endoscopy de Leeuw, Porcari, Gorostidi	Sala Inghilterra
	Group C	C1: SIC Laparoscopy van der Steeg, Putz, Pizzacalla	Aula 105
		C2: HOT Laparoscopy Perrone, Vlahos, Roviglione, Elmeligy	Sala Inghilterra
	Group D	D1: SIC Hysteroscopy Farrugia, Clevin, Bongers	Aula 106
		D2: HOT Hysteroscopy Thurkow, Veersema, Snejbjerg	Sala Inghilterra
10:00–10:30	All	Coffee Break & Changing the rooms	
10:30–11:30	Group A	A1: HOT Complications Cicero, ElBalat, Cianci, Angeles	Aula 103
		A2: SIC Complications Campolo, Becker, Chandakas	Sala Inghilterra
	Group B	B1: HOT Disorder related endoscopy Barri, Huirne, Guëli Alletti	Aula 104
		B2: SIC Disorder related endoscopy de Leeuw, Porcari, Gorostidi	Sala Inghilterra
	Group C	C1: HOT Laparoscopy van der Steeg, Putz, Pizzacalla, Roviglione	Aula 105
		C2: SIC Laparoscopy Vlahos, Perrone, Elmeligy	Sala Inghilterra
	Group D	D1: HOT Hysteroscopy Farrugia, Clevin, Bongers	Aula 106
		D2: SIC Hysteroscopy Thurkow, Veersema, Snejbjerg	Sala Inghilterra
11:30–11:40	All	Moving to Sala Italia	
11:40–12:00	All	Plenary Program (Keynote Lecture): Nerves in gynaecological surgery: anatomy, dissection and neurolysis Andreas Putz	

Time	Who	Topic	Room
12:00–13:00	All	Lunch	Sala Delle Colonne
13:00–13:20	All	Plenary Program (Keynote Lecture): Is fibroid ablation replacing enucleation? Marlies Bongers	Plenary Room Sala Italia
13:20–13:30	All	Moving to HOT/SIC Rooms	
Groups split into subgroups: Hands-on Training (HOT) in Sala Inghilterra Short Interactive Communication (SIC) in Aula 103–106			
13:30–14:30	Group A	A1: SIC Complications Cicero, ElBalat, Brölmann, Angeles	Aula 103
		A2: HOT Complications Campolo, Becker, Chandakas	Sala Inghilterra
	Group B	B1: SIC Disorder related endoscopy Barri, Huirne, Guëli Alletti	Aula 104
		B2: HOT Disorder related endoscopy de Leeuw, Porcari, Gorostidi, Cianci	Sala Inghilterra
	Group C	C1: SIC Laparoscopy van der Steeg, Putz, Pizzacalla	Aula 105
		C2: HOT Laparoscopy Vlahos, Perrone, Elmeligy, Roviglione	Sala Inghilterra
	Group D	D1: SIC Hysteroscopy Farrugia, Clevin, Bongers	Aula 106
		D2: HOT Hysteroscopy Thurkow, Veersema, Snejbjerg	Sala Inghilterra
14:30–14:50	All	Changing the rooms	
14:50–15:50	Group A	A1: HOT Complications Cicero, ElBalat, Cianci, Angeles	Aula 103
		A2: SIC Complications Campolo, Becker, Chandakas	Sala Inghilterra
	Group B	B1: HOT Disorder related endoscopy Barri, Huirne, Guëli Alletti	Aula 104
		A2: SIC Complications Campolo, Becker, Chandakas	Sala Inghilterra
	Group C	C1: HOT Laparoscopy van der Steeg, Putz, Pizzacalla, Roviglione	Aula 105
		C2: SIC Laparoscopy Vlahos, Perrone, Elmeligy	Sala Inghilterra
	Group D	D1: HOT Hysteroscopy Farrugia, Clevin, Bongers	Aula 106
		D2: SIC Hysteroscopy Thurkow, Veersema, Snejbjerg	Sala Inghilterra

Agenda Day 4

Saturday, April 22, 2023

Time	Who	Topic	Room
08:30	All	Meet in Hotel Lobby - Walk to the Congress Center / Transport to Congress Center	
Groups split into subgroups: Hands-on Training (HOT) in Sala Inghilterra Short Interactive Communication (SIC) in Aula 103–106			
09:00–10:00	Group A	A1: SIC Disorder related endoscopy Barri, Huirne, Guëli Alletti	Aula 103
		A2: HOT Disorder related endoscopy de Leeuw, Porcari, Gorostidi, Cianci	Sala Inghilterra
	Group B	B1: SIC Laparoscopy van der Steeg, Putz, Pizzacalla	Aula 104
		B2: HOT Laparoscopy Vlahos, Perrone, Elmeligy, Roviglione	Sala Inghilterra
	Group C	C1: SIC Hysteroscopy Farrugia, Clevin, Bongers	Aula 105
		C2: HOT Hysteroscopy Thurkow, Veersema, Snejbjerg	Sala Inghilterra
	Group D	D1: SIC Complications Cicero, ElBalat, Brölmann, Angeles	Aula 106
		D2: HOT Complications Campolo, Becker, Chandakas	Sala Inghilterra
10:00–10:20	All		
10:20–11:20	Group A	A1: HOT Disorder related endoscopy Barri, Huirne, Guëli Alletti	Sala Inghilterra
		A2: SIC Disorder related endoscopy de Leeuw, Porcari, Gorostidi	Aula 103
	Group B	B1: HOT Laparoscopy van der Steeg, Putz, Pizzacalla, Roviglione	Sala Inghilterra
		B2: SIC Laparoscopy Vlahos, Perrone, Elmeligy,	Aula 104
	Group C	C1: HOT Hysteroscopy Farrugia, Clevin, Bongers,	Sala Inghilterra
		C2: SIC Hysteroscopy Thurkow, Veersema, Snejbjerg	Aula 105
	Group D	D1: HOT Complications Cicero, ElBalat, Cianci, Angeles	Sala Inghilterra
		D2: SIC Complications Campolo, Becker, Chandakas	Aula 106

Time	Who	Topic	Room
11:20–11:30	All	Moving to Sala Italia	
11:30–11:50	All	Plenary Program (Keynote Lecture): Gynaecological oncology, is minimal invasive radical enough? Ahmed ElBalat	
11:50–12:10	All	Plenary Program (Keynote Lecture): Vascular lesions in laparoscopy Vito Chiantera	Plenary Room Sala Italia
12:10–13:10	All	Lunch	Sala Delle Colonne
13:10–14:00	All	Hands-On Training contest and closing remarks Brölmann Rossitto	
14:00	All	End of the GET UP Program	

Group Allocations

Group A

Group A1

Last Name	First Name	Country
Aakula	Matilda	Finland
Abdalla	Mostafa	UK
Abramiuk	Monika	Poland
Alberghetti	Benedetta	Italy
Allert	Roman	Germany
Angelou	Kyveli	Greece
Babut	Miruna	Romania
Bagiasta	Anastasia	Greece
Bailo Sanchez	Idoia	Spain
Banaś	Joanna	Poland
Bantal - Abdessalami	Souhailla	Netherlands
Barbero	Mark Lewis	Norway
Spiniello	Lorenzo	Italy

Group A2

Last Name	First Name	Country
Barra	Fabio	Italy
Ben-David	Alon	Israel
Berg	Sarah	Denmark
Blasco de Imaz	Carla	Spain
Bos	Dominique	Netherlands
Bousi	Dafni	Greece
Brouwers	Laura	Netherlands
Bugren	Sarah	United Kingdom
Chereches	Mircea Raul Catalin	Romania
Chowdhury	Dipankar (Ron)	UK
Ciaurriz Gortari	Marta	Spain
Cristóbal Quevedo	Ignacio	Spain

Group B

Group B1

Last Name	First Name	Country
Cuadra Espinilla	María	Spain
Cucinella	Giusepper	Italy
Daan	Nadine	Netherlands
Dal Pozzolo	Chiara	Italy
Dedden	Suzanne	Netherlands
Diakosavvas	Michail	Greece
Driessen	Sara	Netherlands
Escribano Posada	Carla	Spain
Escudero Villegas	Laura	Spain
Fabisiak	Jolien	Germany
Farren	Jessica	Serbia
Fera	Emanuele Arturo	Italy
Fischer	Kyra	Germany

Group B2

Last Name	First Name	Country
Forss	Jutta	Finland
Fotiou	Alexandros	Greece
Fraga Laredo	Paula	Spain
Fuentes	Lucía	Spain
Gallego-Casilda Gallego	Eugenio	Spain
Gallitelli	Vitalba	Italy
Gil	Inés	Spain
Goedhart	Martijn	Netherlands
Greco	Pierfrancesco	Italy
Groeneweg	Jolijn	Netherlands
Hofmann	Solvig	Germany
Holwerda	Kim	Netherlands
Jakubauskiene	Lina	Lithuania

Group Allocations

Group C

Group C1

Last Name	First Name	Country
Jencova	Barbora	Czech Republic
Jeppesen	Sarah	Denmark
Jesner	Ora	UK
Kallos	Iulianna-Katinka	Romania
Karhu	Hanna	Czech Republic
Karopoulou	Evaggelia	Greece
Koratzanis	Christos	Greece
Kordopati-Zilou	Kalliopi	Greece
Koskela	Jenni	Finland
Kromann	Lisbeth Bonde	Denmark
Lackovic	Milan	Turkey
Lavecchia	Fabrizia	Spain

Group C2

Last Name	First Name	Country
Luzarraga	Ana	Spain
Mahgoub	Sherif	UK
Mamede	Rita	UK
Manheri Othayoth	Nimmi	United Kingdom
Marzo Lorente	Marina	Spain
Mazelyte	Ruta	Lithuania
McDougall	Anna	UK
Mojica	Paola	UK
Mor	Omer	Israel
Morin	Amelie	UK
Mundó Fornell	Anna	Spain
Neumann	Eleonore	Belgium
Noti	Giacomo	Italy

Group D

Group D1

Last Name	First Name	Country
Niemelä	Sonja	Finland
Ortega Bravo	Marta	Spain
Papageorgiou	Maria	Greece
Paternotte	Emma	Netherlands
Pedersen	Malene Nymann	Denmark
Pellisé Tintoré	Maria	Spain
Pérez Tambo	Raquel	Spain
Peristeris	Konstantinos	Greece
potenza	giulio	Italy
Radtke	Laura	Germany
Rajavuori	Anna	Finland
Raspollini	Arianna	Italy
Reimer	Claudia	Germany

Group D2

Last Name	First Name	Country
Renzulli	Federica	Italy
Sampson	Victoria	UK
SEGAL	Roy	Israel
Segall	Hila	Israel
Serova	Alesja	Estonia
Spindeldreher	Nora	Germany
Szopora	Cristina Mirabela	Romania
Teigen	Per Kristen	Norway
Trozzi	Rita	Italy
van Dijk	Myrthe	Netherlands
van 't Hooft	Janneke	Netherlands
Yarde	Felicia	Netherlands
Zubikarai Iturralde	Maitane	Spain

Short Interactive Communications

In the short interactive communications (SIC), participants will see slides or videos on a specific topic and are encouraged to interact and discuss within their group and with the faculty.

Participants will switch between SIC and HOT (hands-on training) sessions that last for 60 minutes each.

Every participant is also encouraged to present a difficult or remarkable case that he or she has experienced or witnessed in the hospital.

During the short interactive communication (SIC) module Laparoscopy, the following topics will be discussed:

- All you want to know about entry; open, closed, gasless?
- Recurrent ovarian torsion and how to prevent it
- The role of laparoscopy in PID and TOA
- When to suture trocar fascia defects?
- TLH in steps: dissect the bladder and uterine pedicles
- How beneficial is low pressure laparoscopy?
- Laparoscopy in the very obese

During the short interactive communication (SIC) module Hysteroscopy, the following topics will be discussed:

- Debate: Tissue extraction in hysteroscopic surgery; shaving or chips retrieval
- Hysteroscopy and ART
- Image recognition
- Complications in hysteroscopy
- Tutorial therapeutic office hysteroscopy
- Tips and tricks in hysteroscopic fibroid resection

During the short interactive communication (SIC) module Complications, the following topics will be discussed:

- Near infrared imaging to prevent ureter lesions
- Risky surgery in the retroperitoneum and staying out of trouble
- How to repair vessel injuries in laparoscopy
- When things go wrong; about effective communication
- How to treat ureter lesions in laparoscopy
- How to repair bowel lesions in laparoscopy
- How to diagnose and repair bladder lesion in laparoscopy

During the short interactive communication (SIC) module Disease-Related Endoscopy, the following topics will be discussed:

- Laparoscopic treatment of the caesarean scar ('niche')? When and how?
- Surgery on focal adenomyosis (adenomyoma); safety and results
- Tips and tricks in removing a large uterus
- The delicate art of staging endometriosis
- Colorectal endometriosis shaving, excision or resection, what is the evidence?
- Tutorial laparoscopic myomectomy; common pitfalls
- The role of endoscopy in ovarian cancer

Scientific Programme

General Information

The idea to develop a new training concept was derived from the need to provide opportunities to young gynaecologists who are at the beginning of their surgical career with the clinical and technical training they may require to perform minimally invasive procedures.

Course characteristics include:

- Productive mix of lectures, interactive sessions and hands-on training
- Outstanding European faculty
- Great opportunity to network with peers, upcoming professionals in gynaecological surgery in Europe

The four-day course consists of four modules. The participants are obliged to follow all modules that the course offers. All participants will be divided into four groups (A, B, C, and D) that have their own classroom and programme.

Learning goals:

- Knowledge to prevent complications (situational awareness) and manage them
- Ability to navigate the endoscope in a simulated abdominal and uterine cavity
- Ability to suture and tie laparoscopically intra- and extracorporeal knots

Means to achieve the learning goals:

- Train psychomotor skills in simulated environments in gynaecological endoscopy
- Short interactive communications, panel supported on management and prevention of complications, anatomical recognition and problem-solving
- Create both an ambitious and pleasant atmosphere in order to optimally facilitate an effective transfer of knowledge and skills

Scientific Programme

Module Learning Goals

The four modules as well as the plenary parts which take place over four days are summarised below, including detailed learning goals:

Module 1: Laparoscopy

Learning goals:

- Basic knowledge of laparoscopic surgery, including positioning, entry of the trocars, trocar position, optics (2D, 3D, single port, minilaparoscopy), hemostasis with electrical and ultrasonic energy, robotics
- Adnexal surgery
- Mild to moderate endometriosis

Module 2: Hysteroscopy

Learning goals:

- Basic knowledge on hysteroscopic surgery including analgesia, hysteroscope diameter, navigation and horizon, resectoscopy, fluid management
- Hysteroscopic fibroid surgery
- Asherman's syndrome
- Endometrial polyps
- Office hysteroscopy

Module 3: Complications

Learning goals:

- Incidence of complications in hysteroscopy and laparoscopy and prevention
- Ureter and vascular lesion in laparoscopy
- Imaging during endoscopy for safe performance

Scientific Programme

Module Learning Goals

Module 4: Disease-Related Endoscopy

Learning goals:

- Fibroids and adenomyosis
- Deep infiltrating endometriosis
- The role of endoscopy in gynaecological oncology
- Endoscopic applications in obstetrics (niche repair and cerclage)
- Urogynaecology

Keynotes:

- Tissue extraction in laparoscopy
- Ask the Professor
- Driven by technical innovation
- Management of deep endometriosis

Plenary programme:

- New developments in robot surgery in gynaecology
- Laparoscopic surgery in deep infiltrating Endometriosis
- Laparoscopy in the adnexal mass, focus on prevention of spill
- Update in electrosurgery in laparoscopy
- Nerves in gynaecological surgery: anatomy, dissection and neurolysis
- Is fibroid ablation replacing enucleation?
- Gynaecological oncology, is minimal invasive radical enough?
- Vascular lesions in laparoscopy

Scientific Programme

HOT Learning Goals

HOT Basic

Camera Handling:

Skills:

- Bimanual 30° camera handling
- Maintaining a correct orientation
- Distinguishing the right horizon
- Having proper zoom control
- Controlling tremors
- Controlling lens and camera separately
- Using the lens angle properly

Clinical example: Assisting an endoscopic procedure as a camera operator, performing an endoscopic diagnostic procedure with 30° optics

Peg Transfer:

Skills:

- Bimanual dexterity
- Depth-of-field perception in 2D environment
- Grasping objects
- Eye-hand coordination

Clinical example: Grasping tissues, transferring a specimen or the needle from one instrument to the other

Cutting a Circle:

Skills:

- Precision cutting
- Giving traction and countertraction
- Gross dissection
- Rotation of the tip of the instrument

Clinical example: Dissection of peritoneal layer, removal of adhesions

Scientific Programme

HOT Learning Goals

HOT Intermediate

Needle Guidance:

Skills:

- Needle handling
- Needle-driver handling
- Depth-of-field perception
- Passing the needle from one hand to the other

Clinical example: Manoeuvring of the needle before applying any stitch or while performing an anastomosis, guiding the tip of the instruments to an exact point of the field

Needle Target:

Skills:

- Precision stitching

Clinical example: Applying a stitch with precision, tying a knot during a laparoscopic procedure

Single Knot Tying:

Skills:

- Intracorporeal knot tying
- Precision stitch applying

Clinical example: Applying a stitch with precision, tying a knot during a laparoscopic procedure

HOT Advanced

Vaginal Cuff Suture:

Skills:

- Intracorporeal knot tying
- Precision stitch applying

Clinical example: Vaginal cuff closure

Vascular Injury:

Skills:

- Intracorporeal knot tying
- Precision stitch applying during bleeding

Clinical example: Vascular injury management

General Information

Faculty

This distinguished European faculty is looking forward to welcoming you in Rome for GET UP 2022.

Chairmen and Scientific Directors:



Hans Brölmann
Netherlands



Giovanni Scambia
Italy



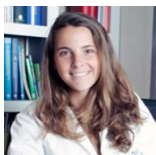
Cristiano Rossitto
Italy

Coordinator Hands-on Training:

Faculty:



**Martina Fite
Angeles**
France



**Nuria Barbany
Freixa**
Spain



Pere Barri
Spain



Sven Becker
Germany



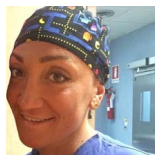
Marlies Bongers
Netherlands



**Giuseppe
Campagna**
Italy



**Federica
Campolo,**
Italy



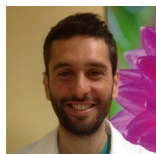
Ursula Catena
Italy



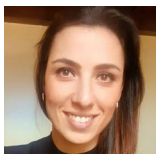
**Stefanos
Chandakas**
Greece



Vito Chiantera
Italy



Stefano Cianci
Italy



Carla Cicero
Italy



Lotte Clevin
Denmark



Robert de Leeuw
Netherlands



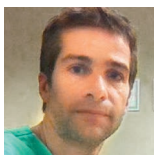
Ahmed El-Balat
Germany



**Haytham
Elmeligy**
Germany



Martin Farrugia
United Kingdom



Mikel Gorostidi
Spain



**Salvatore Gueli
Alletti**
Italy



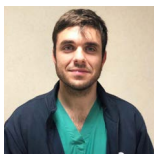
**Andreas
Hackethal,**
Germany



Judith Huirne
Netherlands



**Mohamed
Mabrouk**
Italy



**Emanuele
Perrone**
Italy



Andreas Putz
Norway



Stefano Restaino
Italy



**Giovanni
Roviglione**
Italy



Dorthe Snebjerg
Denmark



**Andreas
Thürkow**
Netherlands



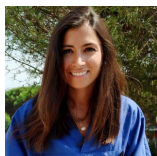
**Jan-Willem
van der Steeg,**
Netherlands



Bas Veersema
Netherlands



Nikos Vlahos
Greece



Sara Pizzacalla
Italy



Irene Porcari
Italy

General Information

Hotel and Course Venue

Courtyard Rome Central Park

Via Giuseppe Moscati 7



Università Cattolica del Sacro Cuore

Centro Congressi, Largo Francesco Vito 1



You have three options to reach the hotel from Fiumicino Airport:

Taxi

A taxi is the fastest and easiest way to reach the hotel from the airport. You will find a taxi in front of Fiumicino Airport any time (fare: approx. €50).

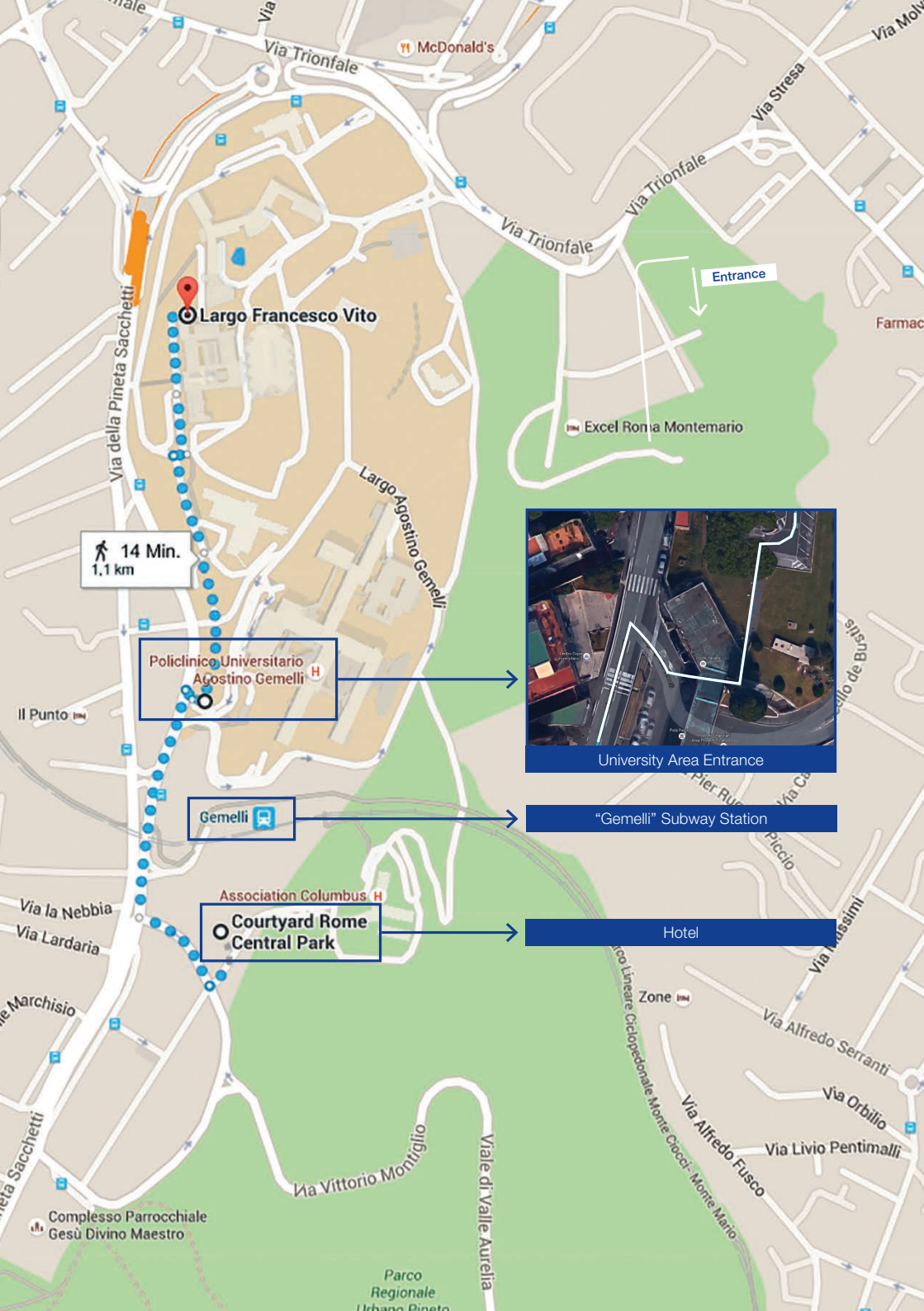
Train/Subway

From the train station, located inside the airport close to the arrival and departure terminal, you can reach the hotel and the city centre with plenty of frequent connections. There is a train stop called **“GEMELLI”** within a five-minute walk from the hotel. The best solution is FR 1 rail line Settebagni, with departures every 15 minutes on weekdays. Please stop in **“TRASTEVERE”** (six stops) and take the connection FR 3 rail line direction Cesano/Viterbo, getting off at **“GEMELLI”** station (six stops).

Leonardo Express

This express train departs every 30 minutes to the **“TERMINI”** (main train station). The fare is approx. €14 and the train departs daily from 6:38 until 23:38. From **“TERMINI”** station take subway line A to the stop **“VALLE AURELIA”** (eight stops, fare: approx. €1.50). From there you take the FR 3 rail line direction Cesano/Viterbo to **“GEMELLI”** station (three stops, fare: approx. €1). Alternatively you can take a taxi from **“TERMINI”** station to the hotel.

We will meet every morning in the hotel lobby (Wednesday at 8:00, Thursday to Saturday at 8:30) and walk together to the course venue, which will take about 15 minutes.



General Information

Hotel and Course Venue

Radisson Blu GHR hotel

Via Domenico Chelini, 41



Università Cattolica del Sacro Cuore

Centro Congressi, Largo Francesco Vito 1



You have three options to reach the hotel from Fiumicino Airport:

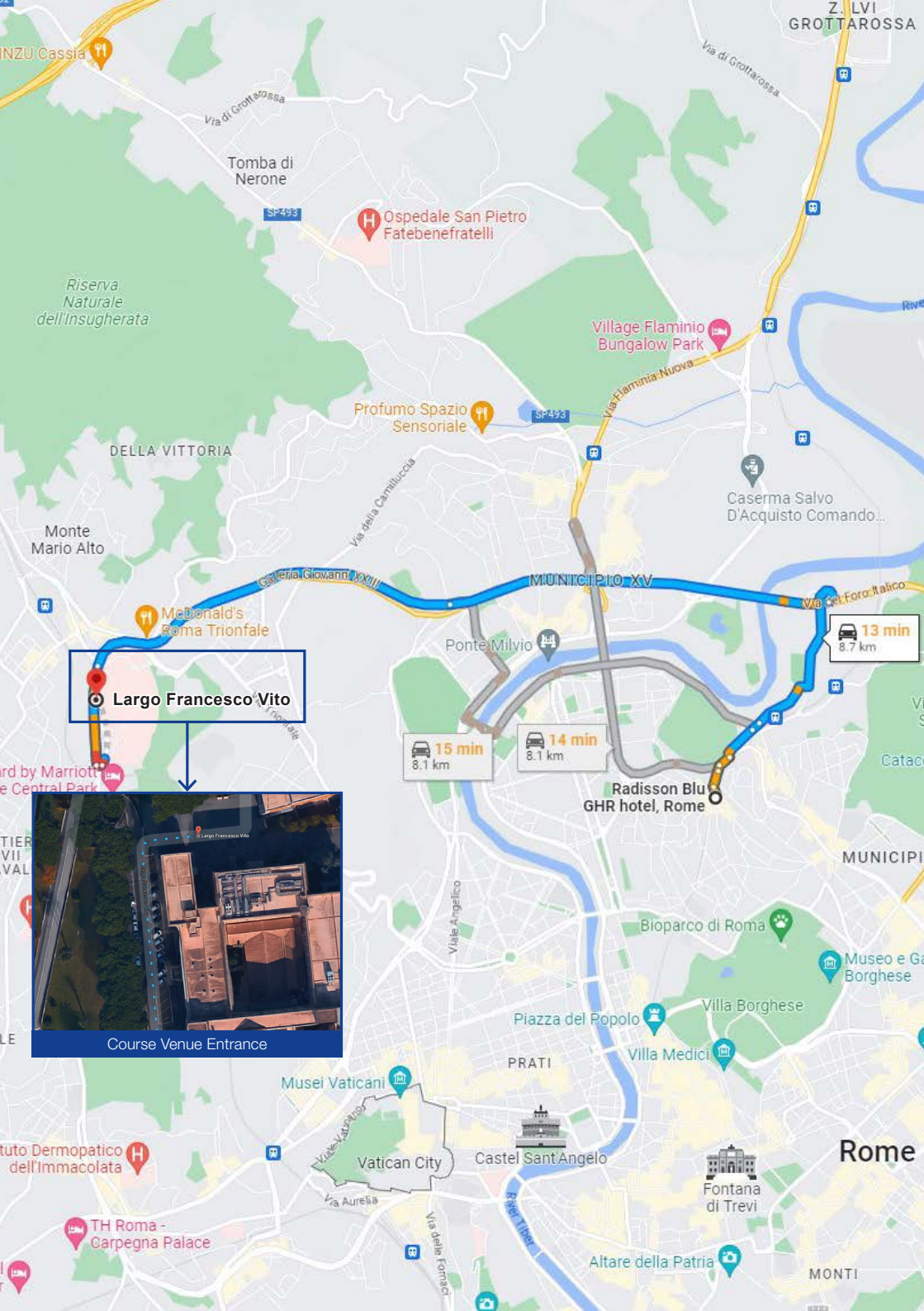
Taxi

A taxi is the fastest and easiest way to reach the hotel from the airport. You will find a taxi in front of Fiumicino Airport any time (fare: approx. €50).

Leonardo Express

This express train departs every 30 minutes to the **"TERMINI"** (main train station). The fare is approx. €14 and the train departs daily from 6:38 until 23:38. From **"TERMINI"** station take subway line A to the stop **"VALLE AURELIA"**. From there you can take various bus lines to either "Staz.ne Euclide" or "Parco Rimembranza". Alternatively you can take a taxi from **"TERMINI"** station to the hotel.

We will meet every morning in the hotel lobby (Wednesday at 8:00, Thursday to Saturday 8:30) and will have a bus transfer to the venue which will take about 15min.



General Information

Subway Map Rome

legenda/key to symbols

metro linea A

A

A

anagnina - battistini

metro linea B e B1

B

B1

laurentina - rebibbia

laurentina - jonio

metro linea C

C

monte compatri/pantano - lodi

ferrovie urbane/urban railways

ROMA Lido

ROMA Viterbo

ROMA Guardinetti

ferrovie regionali/regional railways

FL1

FL2

FL3

FL4

FL5

FL6

FL7

FL8

Leonardo Express

orte/fara sabina - fiumicino aeroporto

tivoli - roma tiburtina

viterbo/cesano - roma tiburtina

albano/frascati/velletri - roma termini

civitavecchia - roma termini

frosinone - roma termini

latina - roma termini

nettuno - roma termini

fiumicino aeroporto - roma termini

linee tram/ tram lines

19

capolinea bus extraurbani/interchange with suburban buses

interscambio ferrovie nazionali/interchange with national railways

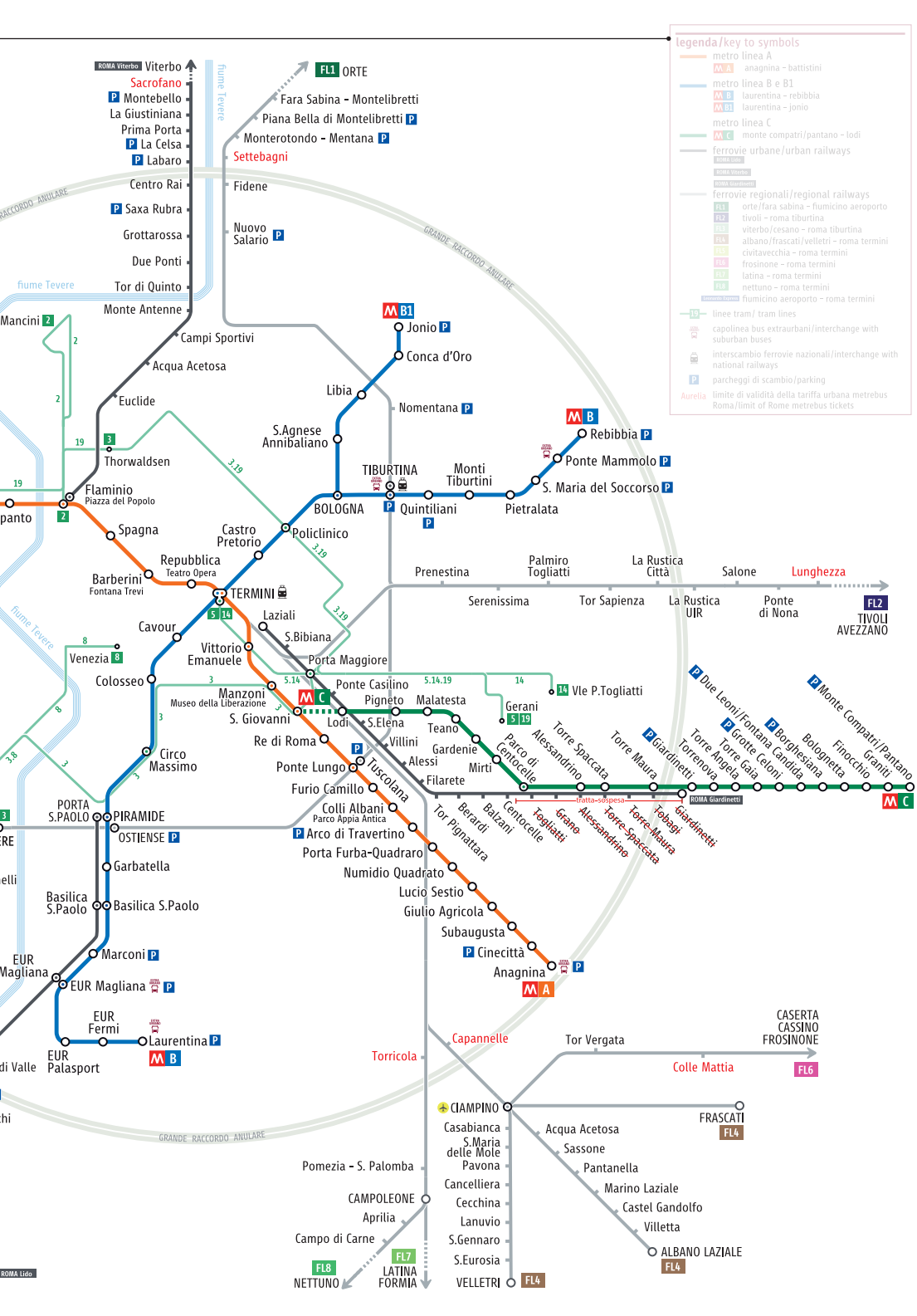
P

parcheggi di scambio/parking

Aurelia

limite di validità della tariffa urbana metrebuses Roma/limit of Rome metrebuses tickets

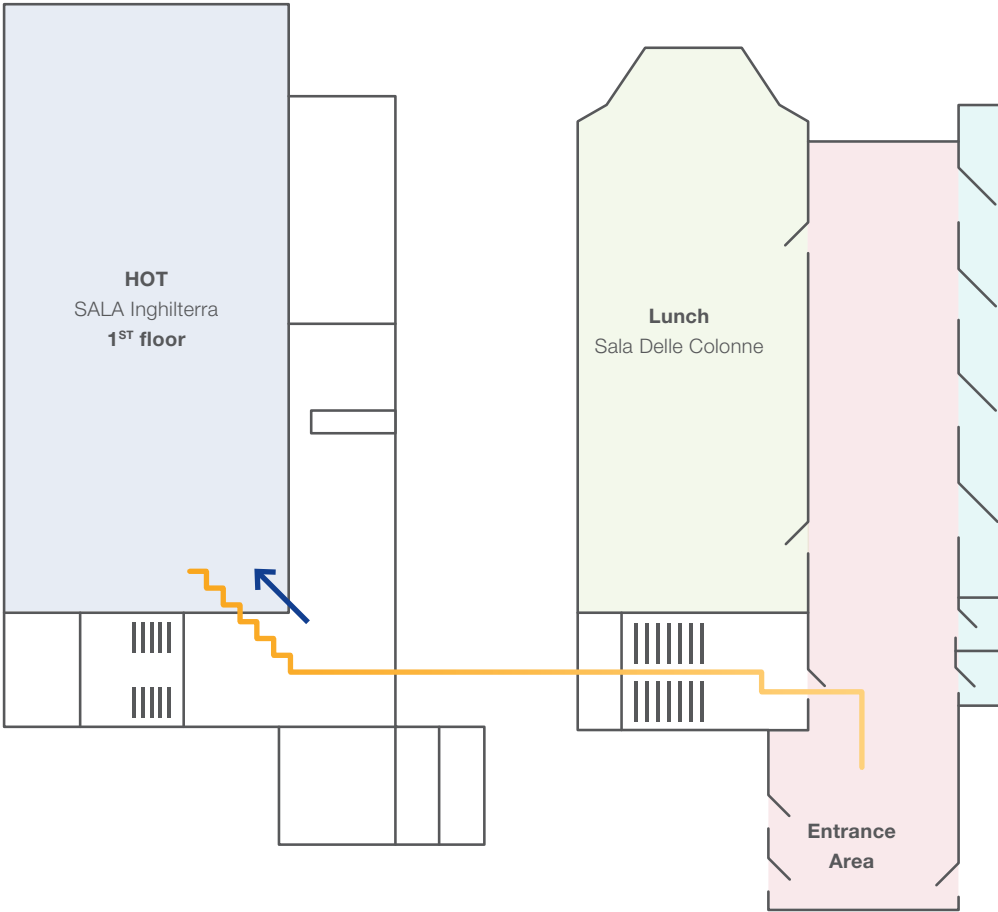


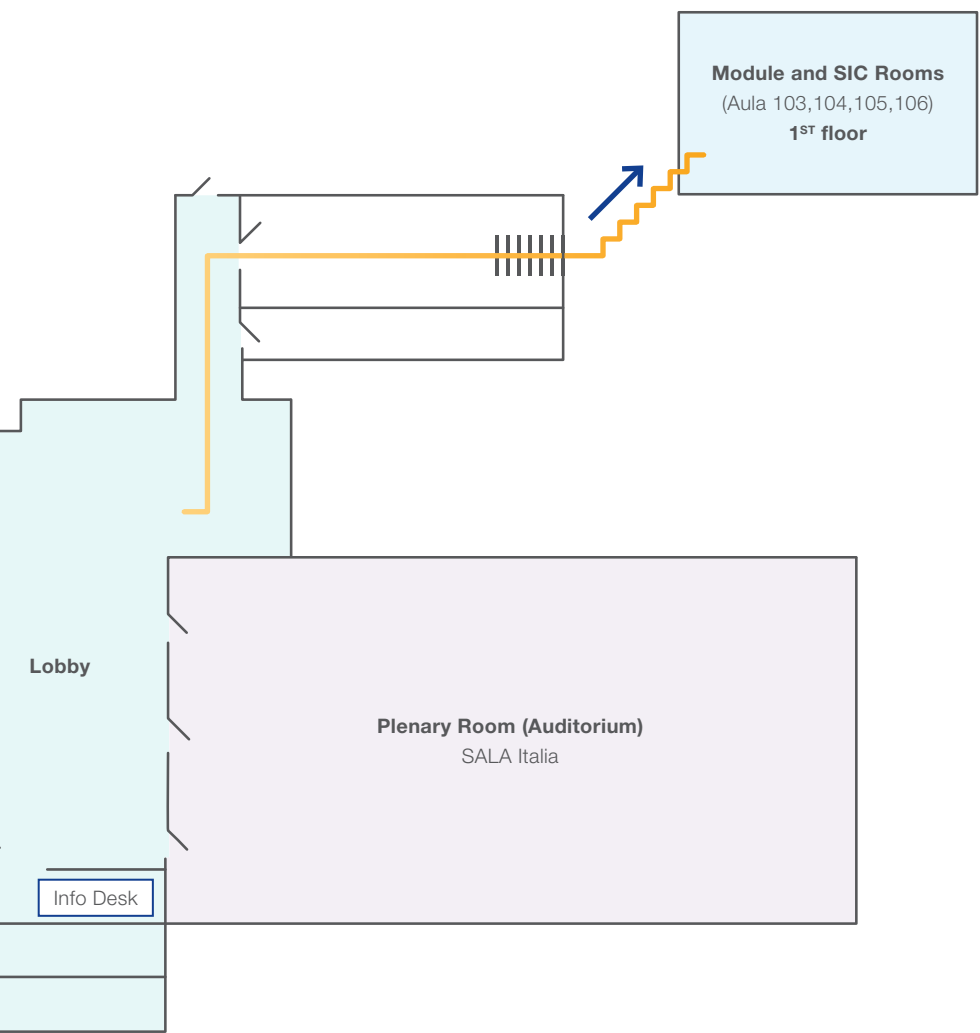


General Information

Venue Map

Università Cattolica del Sacro Cuore
Centro Congressi
Largo Francesco Vito 1





Restaurants Nearby the Courtyard Hotel



GET UP Is Initiated by

Olympus Europa SE & CO. KG

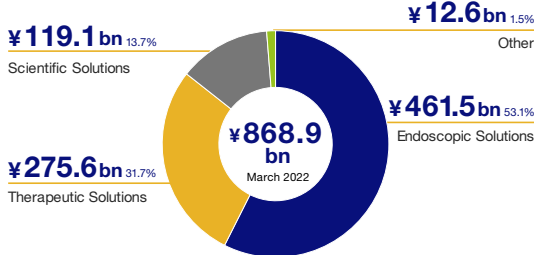
Olympus Corporation Fact Sheet

OUR PURPOSE:

Making people's lives healthier, safer and more fulfilling

Olympus is passionate about creating customer-driven solutions for the medical, life sciences, and industrial equipment industries. For more than 100 years, Olympus has focused on making people's lives healthier, safer and more fulfilling by helping detect, prevent, and treat disease, furthering scientific research, and ensuring public safety. Olympus is headquartered in Tokyo, Japan, with more than 30,000 employees worldwide in nearly 40 countries and regions. For more information, visit www.olympus-global.com

Revenue by Business



Endoscopic Solutions : Endoscopic Solutions include endoscopes, laparoscopes, and video imaging systems as well as system integration solutions and medical services.

Therapeutic Solutions : Therapeutic Solutions include an array of surgical energy devices and a wide range of instruments to help prevent, detect and treat disease.

Scientific Solutions : Olympus Scientific Solutions business provides imaging, instrumentation and measurement solutions to meet the evolving needs of professionals in the industrial and life sciences sectors.

Life Science Solutions and Industrial Solutions are being operated by Evident Corporation as of April 1st, 2022.



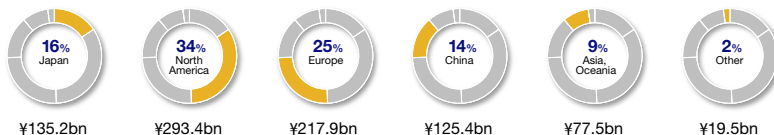
31,557

**Employees
Worldwide**

39

**Countries or
Regions**

Revenue by Region



Olympus Corporation Head Office: Shinjuku Monolith, 3-1 Nishi-Shinjuku 2-chome, Shinjuku-ku, Tokyo 163-0914, Japan

Executive Officers: Yasuo Takeuchi, Nacho Abia, Chikashi Takeda, Stefan Kaufmann, Tetsuo Kobayashi, Andre Roggan

Facts and Figures are as of March, 2022

¹⁾ <https://clarivate.com/derwent/top100innovators/company/olympus>

²⁾ Top 4 highest incidence of cancers excluding breast cancer, as of March 2022. Source: GLOBOCAN 2020



TOP 100

Global Innovator

Since 2012 to 2020, and in 2022, Olympus has been awarded as one of the top 100 most innovative companies in the world¹⁾.



70%

Global Market Share

Olympus is the leader in gastrointestinal endoscopic equipment



100

Diseases or Conditions Treated

At Olympus we have versatile medical devices with the ability to treat approximately 100 diseases or conditions



TOP 4

Cancers Treated

Olympus provides products/solutions for lung, stomach, colon and prostate cancers - the top 4²⁾ highest incidence of cancers



Olympus – Your Preferred Partner in Gynecology

Learn More about the Clinical Benefits Provided by Our Latest Technologies

VISERA ELITE III –

Innovation that Grows with You

- Continuous autofocus function.
- IR in 4K white light overlay.
- Future-proof software upgrades.
- Fluorescence-guided surgery and natural 3D vision.



VISERA ELITE III

POWERSEAL –

Next-Level Vessel Sealer

- Best-in-class hemostasis and dissection.
- Enhanced usability.



POWERSEAL

VERSAPOINT –

The Versatile System for Intrauterine Pathology

- Precise cutting and resection of tissue.
- Broad portfolio for OR and in-office hysteroscopy.



VERSAPOINT

For more information, please visit



www.olympus.eu/gynecology

OLYMPUS EUROPA SE & CO. KG

Postbox 10 49 08, 20034 Hamburg, Germany | Phone: +49 40 23773-0 | www.olympus-europa.com

Contacts and Wi-Fi

www.get-up-gyn.eu

Hans Brölmann

Course Director

Mobile: +31 6 19636006

E-mail: H.Brolmann@ziggo.nl

Annalena van der Weck

Olympus Europa

Mobil: +4916093961388

E-mail: annalena.vanderweck@olympus.com

Annegret Roehling

Olympus Europa

Mobil: +4915120589139

E-mail: annegret.roehling@olympus.com

Congress Center Wi-Fi:

Network: utente ucwfi_roma

Password: europe2023

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